

Priority Support Program – Information Sheet

You have been referred for Priority Support by your GP. What will happen next?

- A mental health clinician will call you within 24 hours as your GP has given us your contact details.
- Contact will be made and you will be offered an appointment with your clinician within the next three days.
- You will also receive a call the day before to ensure you remember your appointment and then you simply attend your appointment.
- This is a **free** service provided by the Department of Health managed through HealthWISE New England North West.
- When you meet with your clinician they will explain how the program works and additional support services that may be implemented to assist you through this difficult time.

Other helpful services available to you after hours:

- ATAPS Suicide Support Line - **1800 859 585**
- Lifeline - **13 11 44**
- **Mental health 1800 011511**

After your sessions and the crisis passes:

- Your GP can refer you for further sessions if needed.
- Other online resources you may find helpful:
 - Adults: **Beyond Blue** <http://www.beyondblue.org.au>
 Blackdog <http://www.blackdoginstitute.org.au>
 - Youths: **Headspace** <https://www.eheadspace.org.au>
 Reach Out <http://au.reachout.com>

PLEASE NOTE HealthWISE New England North West does not provide crisis services. Should you require immediate assistance please attend your local hospital Emergency Department for mental health assistance.