

Suicide Prevention Initiative



AFTERCARE



HealthWISE is pleased to offer a new program to your clients
recently discharged from Acute Care after a suicide attempt
requiring psychological support. This program aims to reduce the risk of suicide and will offer support for family and significant others affected by suicide.

The new program is based on the principals identified in the Black Dog Institute Systems "LifeSpan" approach to suicide prevention, covering nine strategies including aftercare and crisis care, psychosocial and pharmacotherapy treatments, GP capacity building and support, frontline staff training and community campaigns.

AFTERCARE – to be progressively rolled out at the following locations from July 2017
Armidale, Glen Innes, Gunnedah, Guyra, Gwydir, Inverell, Liverpool, Moree, Narrabri, Tenterfield, Tamworth, Uralla and Walcha.

How the Suicide Aftercare Program Works:

- The client identified by GP as eligible and agrees to participate, a referral from a GP to HealthWISE coordinated referral network including relevant discharge information. A Mental Health Treatment Plan (MHTP) is **not required** at this stage. **Fax referral to 1300 452 059.**
- HealthWISE team will notify that the referral has been received if you do not receive this please follow-up.
- Mental health clinicians will triage referrals and the client contacted.
- Clinical intervention will be goal oriented and GPs notified of the patient progress not less than 3 monthly.
- Assessment will be done over this time and if the client is not 'at risk' they can be referred to alternative mental health programs and a Mental Health Treatment Plan could be completed for referral to appropriate services.
- Client support will be offered face-to-face, online platforms, or on the phone. HealthWISE will work in partnership with other community services (e.g., Salvation Army, Tamworth Family Support Services, , Benevolent Society).

Program Goals:

To minimize the risk of a repeat suicide attempt after an acute admission by promoting recovery and social support.

Eligibility Criteria

The referrer has supporting documentation or information of recent discharge after suicide attempt.

Exclusion Criteria

High-risk clients should remain under the care of HNELHD Mental Health Services **1800011511**.

For more information phone HealthWISE (02) 6766 1394

Visit: www.healthwisenew.com.au

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healthwisenew.com.au



HealthWISE
NEW ENGLAND NORTH WEST
Mental Health · Allied Health · Aboriginal Health