



EARLY YEARS OUTREACH CLINIC

The HealthWISE Early Years Outreach Clinic (EYOC) is a specialist perinatal mental health service providing very early intervention to women and their families during the perinatal period. (From conception to 1 year of age)

What does the program offer?

The program offers specific psychosocial assessment and therapeutic interventions in a multidisciplinary environment. Telehealth access to a perinatal and infant psychiatrist is available through St John of God.

Who can access the program?

- Women who are pregnant, or planning a pregnancy, or who have a child aged 0 – 12 months.
- Women and their families who are experiencing mild to moderate Perinatal Anxiety and or Depression

How is this program accessed?

- GP or Allied Health Practitioner faxes the EYOC referral form to the PRIMA central intake number **1300 452 059** or sends via Medical Objects **HEALTHWISE, Mental Health**
- A Mental Health Treatment Plan is required as soon as possible after the first appointment.
- Referral to psychiatrist to be attached if required.
- HealthWISE will contact clients for assessment and appointments.

How is support provided?

Support can be provided via face to face consultations, phone consultations, or Telehealth platforms such as Skype.

Service Locations

The program is currently offered in Tamworth, Armidale, Inverell, Moree, Gunnedah, Glen Innes and Narrabri.

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HealthWISE
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