



EMPLOYEE ASSISTANCE PROGRAM (EAP)

What does the program offer?

The program offers focused psychological strategies for eligible employees with mild to moderate mental health disorders. The number of sessions offered is dependent on the employers EAP policy.

Who can access the program?

Any current employee of a participating organisation.

How is the program accessed?

The employee contacts HealthWISE on 6766 1394 or on the dedicated number provided to the participating organisation.

Method of receiving support

Support can be provided via face to face consultations, phone consultations, or Telehealth platforms such as Skype.

Locations

This program is currently offered in Armidale, Ashford, Barraba, Bingara, Bundarra, Glen Innes, Gunnedah, Inverell, Manilla, Moree, Mungindi, Narrabri, Quirindi, Tamworth, Tenterfield, Uralla, Walcha, Wyallda and Wee Waa.