



## **PRIMARY MENTAL HEALTH CARE PROGRAM Residential Aged Care Facilities**

HealthWISE Mental Health Services have been contracted by the Hunter New England Central Coast Primary Health Network to deliver short term evidence based mental health services in residential aged care facilities. Services will be provided at the facility and will require a Mental Health Treatment Plan from the treating General Practitioner. We will work with care managers in each facility to determine the optimum way to deliver services. Opportunities for service delivery via Telehealth will be developed.

### **What does the program offer?**

The program offers individual and group focused psychological strategies for clients with mild to moderate mental health disorders.

### **Who can access the program?**

This service will be provided to residents of aged care facilities displaying symptoms of mild to moderate mental health disorders (excluding symptoms of dementia).

### **How is this program accessed?**

Referral to this service should be via GP referral, but local referral pathways may be co-designed with facilities and as appropriate, may include referral by senior facility clinicians such as Registered Nurses.

A GP referral (MHTP), or a provisional referral from facilities is faxed to the PRIMA central intake number **1300 452 059**.

HealthWISE will work with clients and facilities to arrange appointments and groups.

### **Service Locations**

The program is currently offered in Armidale, Ashford, Barraba, Bingara, Bundarra, Glen Innes, Gunnedah, Inverell, Manilla, Moree, Mungindi, Narrabri, Quirindi, Tamworth, Tenterfield, Uralla, Walcha, Warialda and Wee Waa.

**FAX Referral to PRIMA 1300 452 059  
Or via Medical Objects: HEALTHWISE, MENTAL HEALTH**

### **For more information:**

**Phone:** 1800 931 540

**Email:** [mentalhealth@healthwise.org.au](mailto:mentalhealth@healthwise.org.au)

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**HealthWISE**  
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